



## Live Your Life Awake Student Benefits Package

Yoga North International SomaYoga Institute:

Licensed by the State of Minnesota Office of Higher Education as a Private Career School  
Accredited as a Registered Yoga School (RYS) 200/300/500 by Yoga Alliance  
Accredited by International Association of Yoga Therapists (IAYT) as a Yoga Therapy School

### While Currently Enrolled in Live Your Life Awake Program

Receive one free 10 class pass to Yoga North studio classes. This can be used to support your practice.

Receive access to weekend recordings and practices from the TT200 curriculum during the seven month enrollment.

Receive 15% off required books and a one-time introductory rate for other required materials (props) when you preorder and prepay by start date.

Receive 10% off all Yoga North Store (including required reading books) during year of enrollment.

Receive 10% off all in studio workshops and events during training.

Receive access to the e-campus platform and resources and assignments with purchase of the Handbook + E-campus.

LYLA students can decide if they want to participate in the dyad exchanges during the weekend and in between weekends, and the in-house student practicum and public clinic.

All assignments are optional for LYLA students and will not be graded. Community practicum is optional and will not be graded.

Receive a discounted rate for private sessions, \$15 off all 60- and 90-minute sessions for the year of enrollment. Private sessions must be booked through the Yoga North office for all staff locations.

Use of all Yoga North International SomaYoga Institute handout materials for independent teaching purposes, not to be used as part of another teacher training program.

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### After Completion of Program

Special 10% alumni discounts on workshops and Intensives.

Periodic invitations to discounts on special events. Invitations to follow-up training for required CEUs in anatomy, asana, and philosophy courses not open to general public.