



**Yoga North International SomaYoga Institute Professional Yoga Training Programs
+350/500 Hour Teacher Training/Level 1 Yoga Therapy Dual Certification Application**

Send completed *APPLICATION*, a copy of your *200 HOUR TEACHER TRAINING PROGRAM COMPLETION CERTIFICATE* and *\$50 APPLICATION FEE* to: Yoga North International SomaYoga Institute, 4628 Pitt St, Suite 208, Duluth, MN 55804 or online at "Bit.ly/YN-TT-App-Fee" or [click here](#). Please call us with any questions: (218) 722-9642

Name:

Start Year of Program Applying for: **2020 Fall, Sacred Health, Des Moines, Iowa**

Address:

Phone:

Email (will be kept confidential):

Please remember to enclose: 1) *signed, completed application* 2) *\$50 application fee*
3) *200 hour teacher training completion certificate*

Please answer the following (stay within the word count limit)

PREREQUISITE: COMPLETION OF RYT TO 200 HOURS—WE ENCOURAGE AND WILL SUPPORT TRANSFERS FROM OTHER TT200 PROGRAMS

When and where did you complete your RYT 200 (1-20 words):

What significant learnings did you glean from your teacher training programs (100-300 words):

In what ways did the 200 hour teacher training program impact the core of who you are and how you think of yourself (100-300 words):

CURRENT PRACTICE, TEACHING EXPERIENCE AND OCCUPATION

What is your current occupation (1-25 words):

Please describe your teaching experience (50-250 words):

What shape does your personal practice take (50-250 words):

What style or lineage of yoga do you practice (1-50 words):

How long have you been practicing yoga (1-50 words):

Do you have a meditation practice (1-100 words):

WHY +350/500 HOUR PROGRAM AND YOGA THERAPY

What do you hope will change for you in your personal and professional life because you have immersed yourself in the +350/500 hour program (50-250 words):

How do you hope to utilize your training from the yoga therapy program in your personal and professional life (50-250 words):

Where do you see yourself applying this work in the larger community—yoga, medical, social, etc... (50-250 words):

Do you plan to complete this course to become certified at the +350/500 hour level, or are you taking the course solely for personal development (1-25 words):

Do you plan to go on to the Yoga Therapy Level 2 Certification Program (1-25 words):

How did you hear about the program and why do you want to study with Yoga North International SomaYoga Institute (25-200 words):

Include anything else you want to tell us about yourself or your hopes for this program (1-150 words):

Signature: _____

Date: _____

please remember to enclose:

Signed, completed application

\$50 application fee

200 hour teacher training completion certificate